

Caterpillar Soup

"As soon as I heard the crack, I knew what was happening. The branch I'd been resting my hand on broke and there was enough of my weight behind me that I started to fall backwards. Dean and I looked at each other, and I reached in front of me to see if there was anything I could grab. But there was nothing there. There was nothing I could do but fall and nothing he could do but watch." — Lyena Strelkoff in *Caterpillar Soup*

Professional actress and dancer, Lyena Strelkoff, presents *Caterpillar Soup*, a searingly honest, irreverently funny, and irresistibly uplifting one-woman play about life after spinal cord injury. With humor, hope, candor and courage, *Caterpillar Soup* reveals Ms. Strelkoff's remarkable odyssey through devastation to love and wholeness. A spiritual, emotional, and psychological journey, *Caterpillar Soup* is more than entertainment, more than education — *Caterpillar Soup* is nourishment, for the mind, heart, and soul.

"[Strelkoff's] exquisite performance... has enlightened and ennobled us all."
—Los Angeles Times. Al Martinez

"[*Caterpillar Soup*] combines... gentle lyricism... with harrowing clinical details... with grace, dry humor and radiant spirituality."
—Los Angeles Times, David C. Nichols

"[*Caterpillar Soup* is] imbued with an understated warmth and humor. [It] never ceases to be compelling."
—Daily Variety, Julio Martinez

"[Strelkoff is] a master storyteller."
—LA Splash Magazine, Daniel Lehman

"One of the best solo performances."
—88.9 KXLU Center Stage, Jenell Rae

Audience Raves —

"I've been waiting five years to hear this story, ever since I was paralyzed. No one is brave enough to tell the truth. Now I see my life and myself differently." —Eric, T5 paraplegic

"Lyena Strelkoff conveys a journey of loss and recovery in its deepest sense — a spiritual journey.... To witness her telling of the story, we ourselves are moved, changed and awakened." —Jane E. Lingua, Ph.D., V.P. for Student Affairs, Mount St. Mary's College

"[*Caterpillar Soup*] is important as service to the community, for people with disabilities and for the lucky ones who are physically and mentally well, but are enriched by a window to a more complex and difficult way to live one's life." —Rachel

"[*Caterpillar Soup*] is... a gift to all of us who have struggled with loss of any kind, and certainly to those of us courageous enough to use even our darkest moments as a source of our creative & spiritual life." —Nancy Bacal, Writer and Educator

Caterpillar Soup has been enjoyed by thousands as presented in theaters, at colleges and conferences including: Ruskin Group Theatre, North Coast Repertory Theatre, Los Angeles Women's Theatre Festival, West Hollywood Book Fair, University of Southern California, Mt. St. Mary's College, Glendale Community College, Western Society for the Physical Education of College Women and Temple Beth Am.

For booking information, please call 310/880-8551 or visit www.lyenastrelkoff.org